

# INTEGRATING SAN PHARMA IMMUNE-METABOLIC REGULATING REMEDIES IN DAILY PRACTICE

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# DISCLOSURE

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- My colleagues at Homeopathy Center of Houston and I are not, nor do we represent ourselves as Medical Doctors. We are professional homeopaths, which is an unlicensed healthcare profession in the State of Texas.

# OUR PRACTICE

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## FOCUS

- Autism
- Anxiety/PANDAS/OCD
- Vaccine injury
- Chronic illness
- Chronic inflammatory disorders

## OUR CLIENTS

- Gestation thru Geriatrics
- Large concentration of Autism Spectrum Disorders, PANDAS
- National and International scope of clients via telephone/online video consultations

# HOUSTON HOMEOPATHY METHOD MODEL

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A modern homeopathic approach to multi-factorial illness of the 21<sup>st</sup> century

# SEQUENTIAL HOMEOPATHY: THE FRAMEWORK

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- Traditional homeopathic remedies address causational factors in illness
- Unlayering process
  - Lifts layers of toxicity, traumatic events
  - Reverse chronological order
- Combine remedies to address each component of any past event
  - Physical traumas
  - Chemical/Drug exposures
  - Emotional traumas

# INTEGRATING MODALITIES WITHIN HOMEOPATHY TO SUPPORT, MANAGE DETOX, REBALANCING SX

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- Integration, as needed of:
  - SanPharma remedies
  - PEKANA remedies
  - Gemmotherapy remedies
  - Proprietary combination homeopathics
  - Customized homeopathic remedies per indications

# 21<sup>ST</sup> CENTURY CHRONIC ILLNESS

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- Insults to system creates blockages to traditional classical prescribing
  - Toxins
    - 80,000+ new chemicals since World War II
  - Pathogens
    - Injected vaccine antigens
    - Emergent resistant forms
- Deep disruption of normal metabolic and immune processes
  - Requires a “pilot light” to aid normalization, rebalance
  - Must be supported through healing process
- Chronic inflammation rampant

# SAN PHARMA IMMUNE-METABOLIC REGULATING REMEDIES INTEGRATE INTO ANY MODALITY

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- Aid in downregulation of inflammation
- Support proper, healing immune response to pathogens
- Support healing to reduce discomfort rather than artificially suppressing symptoms
- Aid in detoxification process
- Reprogram cell metabolism
- Promote true health
- Extremely helpful with acute, minor illnesses and inflammation



# CHRONIC OR ACUTE ILLNESS – A PLACE FOR SAN PHARMA

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- As each “Layer” or “event” surfaces through symptoms
  - SanPharma remedies can be used as if this were a new acute outbreak
- Supports the “vital force” in reduction and elimination of pathogens & toxins
  
- Provides immediate relief of symptoms
  - Rashes
  - Fevers
  - Pain
  - Malaise

# SAN PHARMA IMMUNE-REGULATING REMEDIES

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- *Penicillium notatum* – SanPharma Notatum
- *Penicillium frequentans* - SanPharma Quentans
- *Mucor racemosus* – SanPharma Mucor
- SanPharma Subtilis
- SanPharma Mycobactin S
- SanPharma *Candida Parapsilosis*
- SanPharma *Candida* Nasal Spray
- SanPharma *Candida-Roqueforti*
- COMBINATION remedy:
  - SanPharma Notatum-Quentans nasal spray

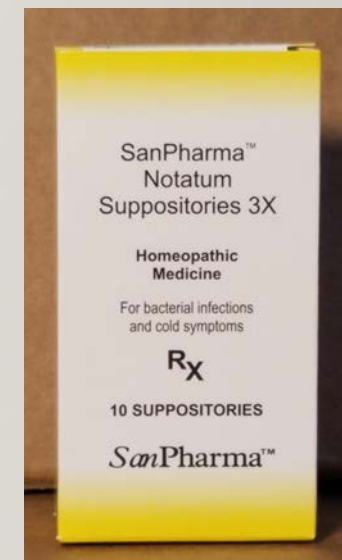
# NOTATUM

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## CAPSULES



## SUPPOSITORIES



# DR. GITTE JENSEN, PH.D

## IMMUNOLOGY FINDINGS

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- German researchers harvest and prepare specific metabolites homeopathically
- Published research showed *Penicillium notatum* reduced baseline COX-2 (inflammation) in vitro
- Safely induce down-regulation of systemic inflammation while modulating hyper-reactivity
- Also appear to work by taking immune system out of anergy

# NOTATUM

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- Notatum – first choice in most infections
  - Bacterial infection– may use up to hourly for a few hours at onset, then 1 capsule 2-3X daily for several days until well
  - Viral: couple with homeopathic *Anas barbarae hepatis et cordis* (Boiron's Oscilloccinum®) early in onset – may do several capsules hourly for 3-4 hours, then 3-4X daily during worst sx
  - FEVER from any source
- We have found it equally useful in acute illness, and reducing discomfort of symptom outcroppings during reversal process of chronic illness and autism

# NOTATUM GENERAL USAGE

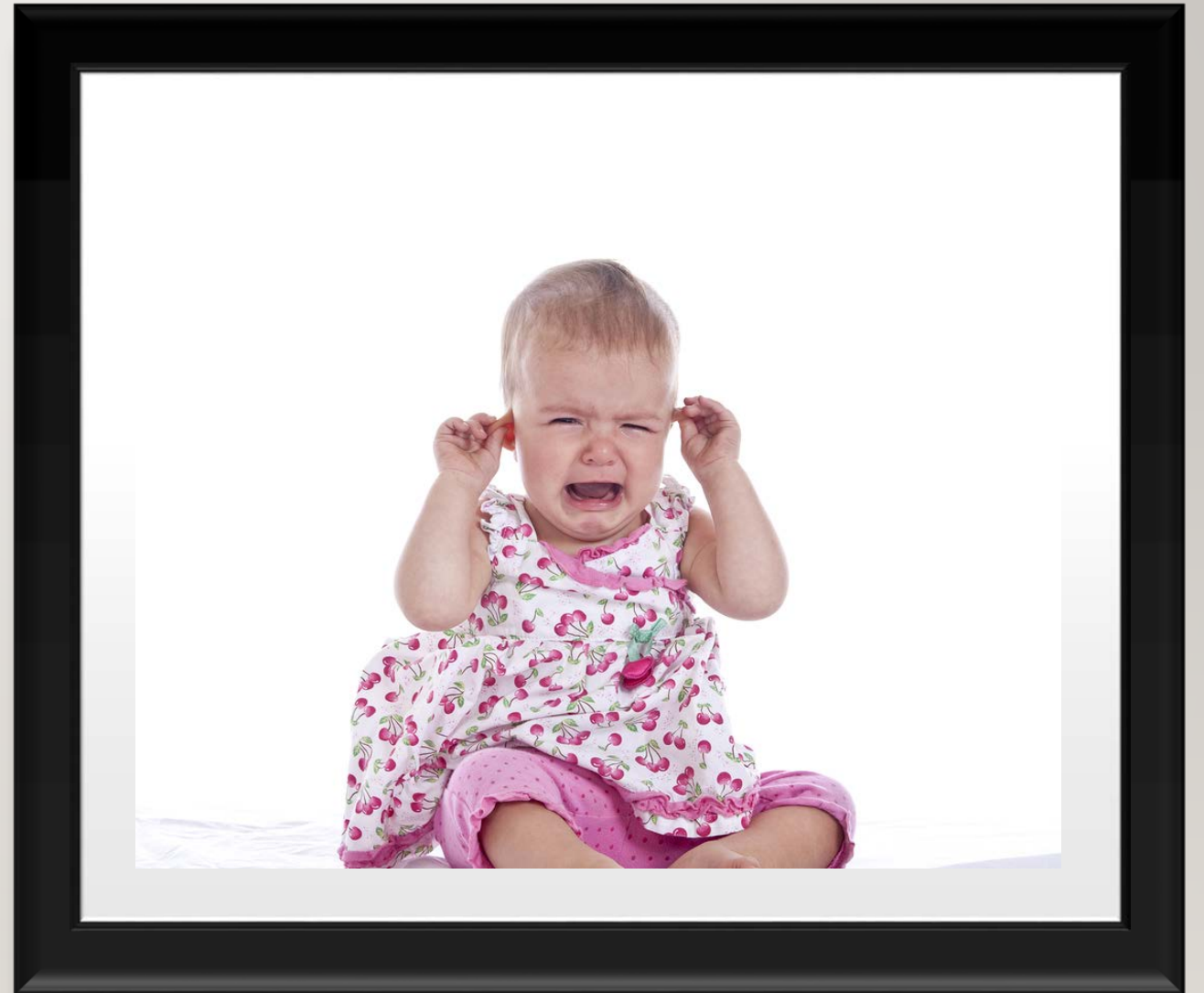
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- Infections:
  - Viral
  - Bacterial
  - Acute
  - Chronic
- Inflammation
- Fever reduction
- Our “go-to” remedy:
  - Ear, sinus infections
  - communicable acute illnesses
  - symptom relief while dealing with chronic illness
  - PANDAS
  - Strep and other bacterial infections
  - Any sign of any sort of “infection”

# NOTATUM DROPS FOR EAR ACHES

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- Notatum drops – excellent with ear infections – may be dropped directly in ear canal
  - Quick pain relief, fever reducer
  - Helps resolve ear infections more quickly
  - Add homeopathic *Belladonna*, *Chamomilla*, *Pulsatilla*, etc., per homeopathic indications
  - Sore throats – may be dropped directly on back of throat



# QUENTANS GENERAL USAGE

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- Acute viral illness support
  - Flu, colds
  - Chicken pox
  - Measles
  - Acute manifestations
  - Chronic, recurrent manifestations
- Especially helpful with herpetic outbreaks



# QUENTANS

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- Seems to aid resistance after exposure
  - Colds
  - Flu
  - Other communicable viral illnesses
- Pre- and post-vaccination for virus-based vaccines
  - MMR, Varivax, Shingles, Flu

# MYCOBACTIN S

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- Generally stimulates the immune system in both specific and non-specific ways
- Excellent support for respiratory illness, especially relapses
  - Colds and coughs
  - Asthma
  - Bronchiolitis
  - Recurrent coughs, pneumonia (with close oversight!)

# SUBTILIS

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## GENERAL USAGE GUIDELINES

- General usage guidelines:
- Generalized immune modulator
- Can be useful with rheumatic situations
  - Arthritis
  - Generalized chronic inflammation
  - Fibromyalgia
  - Autoimmune reactivity



# SUPPORT FOR CHRONIC/RECURRENT OPPORTUNISTIC INFECTIONS

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- Mycobactin S
- Subtilis
- Either alternate every other day for tendency to contract infections or
- For severe, acute symptoms, 1 Mycobactin S in AM, plus 1 Subtilis in PM
- Or for first 1-2 days, 1 of each 2X daily
- Seems to boost immune system to be more resistant
- Helps eliminate the acute symptoms faster
- Can also be integrated with Notatum and/or Quentans



# NOTATUM-QUENTANS NASAL SPRAY

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- Colds and flu relief
- Acute, non-allergic sinusitis
- Chronic non-allergic sinusitis
- May be useful with some anxiety/OCD/PANDAS cases

# PANDAS-SPECIFIC APPLICATIONS

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PEDIATRIC AUTOIMMUNE NEURO-PSYCHIATRIC DISORDERS ASSOCIATED WITH  
STREPTOCOCCUS

# PEDIATRIC NEUROPSYCHIATRIC DISORDERS ASSOCIATED WITH STREP

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- No longer an official diagnostic term, but still very real to sufferers and their families
- Often occurs when there is hx of strep throat, ear infections, scarlatina, etc – typical strep-infections.
- PANDAS symptoms may occur after antibiotic administration
- May possibly be exacerbated by a strep-contaminated vaccine, strep exposure, pneumococcal vaccine (PCV), or vaccine shedding from PCV13
- Many primarily behavioral symptoms

# PANDAS CLINICAL PICTURE (NO LONGER LIMITED BY AGE!)

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- OCD, compulsive, repetitive behaviors
- Extreme, paralyzing anxiety, obsessive anxiety-producing thoughts
- Anger
  - Murderous thoughts or threats
  - Tantrums
- Aggression
  - Extreme, uncontrollable, easily touched off
  - Often states “I don’t want to do this,” or “I don’t want these thoughts”
- May include motor tics



# PANDAS AND CNS INFILTRATION: A PLAUSIBLE MECHANISM

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- Dileepan, T., Smith, E. D., Knowland, D., Hsu, M., Platt, M., Bittner-Eddy, P., ... Cleary, P. P. (2016). Group A *Streptococcus* intranasal infection promotes CNS infiltration by streptococcal-specific Th17 cells. *The Journal of Clinical Investigation*, 126(1), 303–317. <http://doi.org/10.1172/JCI80792>

# PANDAS AND HEALTH HISTORY

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- Often seen where there is a history of:
  - Strep throat
  - Ear infections
  - Pneumococcal vaccine(s)
  - Poor dental hygiene with caries/broken teeth
  - Other rheumatic illness
    - Scarletina
    - Scarlet fever
  - Antibiotics, especially for any of above

# ABSTRACT: STREP INFECTION IN INTRANASAL CHALLENGED MICE CREATED ABS CROSS-REACTIVITY IN HOST NEURONAL PROTEINS ASSOCIATED WITH AUTOIMMUNE DISEASES OF THE CNS.

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- Group A streptococcal (GAS) infection induces the production of Abs that cross-react with host neuronal proteins, and these anti-GAS mimetic Abs are associated with autoimmune diseases of the CNS. However, the mechanisms that allow these Abs to cross the blood-brain barrier (BBB) and induce neuropathology remain unresolved. We have previously shown that GAS infection in mouse models induces a robust Th17 response in nasal-associated lymphoid tissue (NALT). Here, we identified GAS-specific Th17 cells in tonsils of humans naturally exposed to GAS, prompting us to explore whether GAS-specific CD4<sup>+</sup> T cells home to mouse brains following i.n. infection. Intranasal challenge of repeatedly GAS-inoculated mice promoted migration of GAS-specific Th17 cells from NALT into the brain, BBB breakdown, serum IgG deposition, microglial activation, and loss of excitatory synaptic proteins under conditions in which no viable bacteria were detected in CNS tissue. CD4<sup>+</sup> T cells were predominantly located in the olfactory bulb (OB) and in other brain regions that receive direct input from the OB. Together, these findings provide insight into the immunopathology of neuropsychiatric complications that are associated with GAS infections and suggest that crosstalk between the CNS and cellular immunity may be a general mechanism by which infectious agents exacerbate symptoms associated with other CNS autoimmune disorders.

# ADDED NOTATUM-QUENTANS NASAL SPRAY FOR PANDAS CLIENTS

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- Makes sense to apply directly in a “Launchpad” area of possible pathogen transport to CNS
- Easily tolerated by most clients
- Offers possible pathogenic reduction of both viral and bacterial CNS potential invaders from nasal cavities
- Theoretically: could act as an intranasal transport mechanism to help fight the pathogens already in the brain
  - Chapman CD, Frey WH, Craft S, et al. Intranasal Treatment of Central Nervous System Dysfunction in Humans. *Pharmaceutical Research*. 2013;30(10):2475-2484. doi:10.1007/s11095-012-0915-1.
  - Lu C-T, Zhao Y-Z, Wong HL, Cai J, Peng L, Tian X-Q. Current approaches to enhance CNS delivery of drugs across the brain barriers. *International Journal of Nanomedicine*. 2014;9:2241-2257. doi:10.2147/IJN.S61288.

# PANDAS & AUTISM APPLICATION

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Case Study #1

# PARALYZING OCD RESOLVED

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- 10 yr old male with autism
- Had made excellent progress in language, music, academics
- Had only one antibiotic in medical hx
- Sudden onset of paralyzing anxiety, fears, some language loss, lost all singing (perfect pitch)
- Feared crossing the threshold of the shower – fetal position, total meltdown
- Previous strong response to PEKANA Septonsil, but was suggested to be used diluted to 1 drop per 100drams of water. Mother was desperate

# DESPERATION AND DRAMATIC OUTCOME

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- Mom felt utterly desperate, no resolution in sight.
- Was resistant in past to try PEKANA Septonsil, even diluted, but now was out of options
- Gave him 1 drop of the diluted Septonsil orally
- Within 30 seconds he was a different child:
  - Calmed immediately
  - Quietly rose from floor and took his shower
- Subsequent 2 years gets 1 drop of diluted Septonsil 1X daily, orally, no more than 6 days/week, plus 2 Notatum capsules daily along with some homeopathic combinations for anxiety

# ONGOING IMPROVEMENTS

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- Has returned to baseline prior to the strep throat incident
- Language has returned and increased above baseline
- Anxiety virtually gone
- Singing is back – takes lessons on instruments as well – calmly and happily
- Perfect pitch has returned
- Never resisted crossing thresholds since



# PANDAS IN YOUNG MOTHER

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Case study #2

# “CAROLE”

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- Married female in early 30's, 2 children
- Hx of good health, and only 1 antibiotic, per her mother's and her memories
- 3-4 months after abx course noticed excessive eye-blinking, progressed to minor tics over period of a few weeks.
- Naturopath tried supportive supplement regimen, no success
- By 1 yr later, tics worse, depression developed, panic attacks and unreasonable anxious thoughts regarding husband's and children's safety – negatively impacting her role as wife and mother – often needed to call in extended family for help

# SANPHARMA NOTATUM CAPSULES + PEKANA SEPTONSIL

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- Began Notatum Capsules 1X daily, plus homeopathic custom combo for anxiety sx relief
- Shortly thereafter, added 1 drop full strength Septonsil 6x weekly – proved overly provocative so took break after a couple weeks or so
- Self-managing – if panic attacks increased, added Notatum capsules up to 3X daily for 2-3 days
- As things settled down, introduced diluted Septonsil 1 drop to 100dr bottle water, 1 drop diluted taken 5X weekly. Also added a custom homeopathic combo for OCD complaints, continued the remedy for anxiety, emotional supportive remedies.

# LIFE BECOMING MANAGEABLE AGAIN

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- “Emotional roller coaster” effect had reduced significantly after 1 month.
- No further full-blown panic attacks since starting Notatum
- If anxiety creeps back in, takes a few days off of the diluted Septonsil and increases Notatum to 2X daily for 1-2 days
- Ran out of Notatum capsules briefly – reported significant negative difference within 48 hours.
- Having longer periods of “feeling good” and times without anxiety are increasing in duration while anxious moments are significantly decreased in duration, intensity and frequency
- We plan to continue clearing the probable streptococcus from her system thru daily drops of diluted PEKANA Septonsil on wrist, eventually orally, and oral Notatum PRN

# GENERAL PANDAS/STREP-INDUCED ANXIETY GUIDELINES –MUST *INDIVIDUALIZE* BY CLIENT NEEDS

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- Notatum capsules 2-3X daily – to calm the storm
- Once settling down, can add pulsed PEKANA Septonsil®
  - Small doses to start, work up gradually
    - Single drop – or if aggravation, dilute in 2-16 oz water (depends on sensitivity) and use 1 drop on wrist of diluted form, until “straight” drops can be tolerated.
    - DO NOT GIVE EVERY DAY – pulse it according to client’s symptoms, every few days, or 5 on/2off, etc.
  - Reduce Notatum to 2X daily, extra as/if needed

Combination needs monitoring, titrating between PEKANA Septonsil to bring pathogens into immune system purview, support of HEALING inflammatory process and elimination with SanPharma Notatum

# ADDITIONAL OPTIONS FOR SUPPORT

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- PEKANA Psy-stabil: emotional stability support during strep-reduction therapy
- PEKANA Juve-cal, PEKANA Mucan: Support immune responses, overall terrain rebalancing
- Consider gemmotherapy (Boiron or Seroyal) remedies for emotional stability / adrenal supports
  - Lime Tree (*Tilia tomentosa*): nervous system drainer/rebalancing/autoimmune support
  - Lemon Bark (*Citrus limonum*) anxiety/nervousness/depression/insomnia
  - Black Currant (*Ribes nigrum*): adrenal support/inflammation reduction

# DYSBIOSIS

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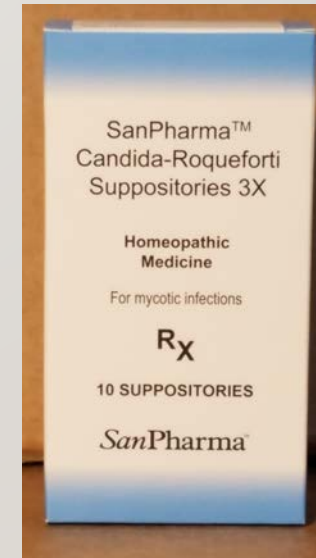
# PRIMARY REMEDIES

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## SANPHARMA CANDIDA CAPSULES



## SANPHARMA CANDIDA-ROQUEFORTI SUPPOSITORIES





# CLINICAL OPTIONS USING CANDIDA CAPSULES & CANDIDA ROQUEFORTI SUPPOSITORIES

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- Extreme and/or chronic cases will require use of a high quality probiotic in addition
  - PROBIOTIC TIP: autistic individuals often are high in strep, therefore, we find that commercial kefir, yogurt and some probiotics which contain the *streptococcus thermophilis* species are contraindicated in either autism or PANDAS
  - Start with small amounts of everything and build up, to avoid negative impacts of a fast die-off
    - Probiotics – can begin by opening capsules and giving partial doses 2X daily
    - C. parapsilosis capsules – may be opened and used in sprinkled amounts, then work up to full capsules 1-2x daily in severe cases
    - C. roqueforti suppositories – may be cut in half, quarters, etc.

# ALIMENTARY CANAL DYSBIOSIS – A COMMONALITY WITH AUTISM

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- Dysbiosis in autism may be established either through stool testing, or symptomatically:
  - Constipation
  - Diarrhea
  - Alternating constipation and diarrhea
  - Reddened rectal area/diaper area with welts
  - Constant handling/scratching of genitals
  - Giggly, drunken sailor behaviors

# DYSBIOSIS MANIFESTATIONS IN AUTISM

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- Inattention
- Waking 2-3am – usually happy, more often UNUSUALLY silly and giggly
- Occasionally worse around full or new moon cycle (in presence of parasites)

# DYSBIOSIS IN CHILD WITH ASPERGER'S

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Case #1

# DRUNKEN DAVIE...

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- 7 yr old boy, autism spectrum diagnosis, good language, had been showing ongoing improvement
- Came home from school, falling down with silly, giddy laughter over everything
- Teacher note: “had been so silly all day he spent most of day in time-out, entirely disruptive and inattentive.”
- For 2 weeks, had been constipated, plus waking at 2-3am and laughing, disrupting entire household
- Mom had “had it” with exhaustion and silliness, school as well
- At next consult, mother reported she had run out of “fungus remedies” about 2-1/2 weeks earlier, but didn’t call for more. Shortly thereafter, the sleep and behavioral changes started.

# TO...FOCUSED FREDDIE

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- Sent out SanPHarma Candida capsules, good probiotic, and PEKANA Mucan drops
- Mom started with 2 capsules 2X daily, and the probiotic
  - Aggravated due to overly fast die-off – she called the office for instruction
- Backed down to ½ capsule opened on food 1X daily, then 2X daily, same with probiotic, then to full capsules 2X daily ultimately.
- Within first day of reduced dosing, giggling stopped at school and home, stools became more regular
- By 1 week of 2 Candida capsules, probiotic at 1 capsule 2X daily, and Mucan, was very focused at school, made 2 A's and asked to join the drama club (elementary school).

# CLINICAL SOLUTION OPTIONS FOR DYSBIOSIS

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- Primary remedies:
  - SanPharma Candida capsules
  - SanPharma Candida-roqueforti suppositories
- Additional aids
  - PEKANA Mucan drops – helps with mycotic infections
  - PEKANA Okoubaka – aids in restoring digestive tract health, less welcoming to dysbiosis and parasites
- Can sometimes be worse around full moon – consider parasites *plus* dysbiosis
  - If monthly moon cycle periodicity – add PEKANA Helmin – *SMALL QUANTITIES*, then gradually build up as tolerated
  - Food grade Diatomaceous earth may be helpful

# VAGINOSIS/VAGINITIS

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- Highly irritated, itching, uncomfortable
  - Start with *Candida-roqueforti* suppository, inserted as a vaginal pessary. Often gives fairly immediate relief that doesn't "wear off". Typically ½ to 1 full suppository inserted 1-2X daily for several days till symptom-free for several days
- Topical application of Syntrion SkinCare *C. Parapsilosis* -1-2X daily, extra as necessary for external area relief
- Localized remediation should be followed up with systemic attention – 1 *Candida* capsule 2X daily for 1-2 weeks (depending on how chronic) plus long term probiotic supplementation
- May also add Mucan to clean up systemic terrain-based fungal dysbiosis



# THRUSH, ORAL CAVITY DYSBIOSIS

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- Add contents of 1 capsule of Candida-roqueforti capsules to water and swish 1-3X daily
- For infants, small children who can't get the concept of "swishing" – apply with small oral sponge-on-a-stick or other type of safe swab several times daily

# NEW SANPHARMA CANDIDA NASAL SPRAY

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- Fungal infections
- Consider adding esp. for sinusitis with hx of antibiotic treatment – creating possibly chronic fungal sinusitis.
- Great addition to systemic treatment of fungal dysbiosis – secondary treatment of mucosal fungal infection of digestive tract

# MUCOR

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- Inflammatory disorders
  - Acute
  - Chronic
- Circulatory disorders
  - Improve circulation
- Aids in cellular cleansing
  - Toxins
  - Pathogens

# STEROIDS V. MUCOR STUDY

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- Results were published in the open access, peer-reviewed, mainstream scientific journal PLoS ONE in October 2015
- Article titled “Proteomic and Metabolomic Analyses Reveal Contrasting Anti-Inflammatory Effects of an Extract of *Mucor racemosus* Secondary Metabolites Compared to Dexamethasone” represents one of the few reports on anti-inflammatory effects of natural extracts (SM Meier, et al., PLoS ONE, 2015, 10(10): e0140367 doi:10.1371/journal.pone.0140367).

# DR. CHRISTOPHER GERNER, PH.D., DEPT. OF ANALYTICAL CHEMISTRY, UNIV. OF VIENNA

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- Compared usage of *Mucor racemosus* v. Dexamethasone (cortical steroid)
- Conducted research on the anti-inflammatory effects of *Mucor racemosus* extract (used in a German-made homeopathic remedy) compared to the synthetic glucocorticoid Dexamethasone.
- Premise of study – acute treatment of disease uses pharmacologic agent (Dexamethasone) to interfere in a signaling pathway. This mechanism is not applicable for chronic disease. Loses effectiveness/tolerance.

# DEXAMETHASONE V. MUCOR

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- “During the last few years, it’s been discovered that chronic inflammation plays a key role, or can even cause the development of many widespread diseases such as cancer. Although medicine has a fairly good grip on acute inflammation, the mechanisms that occur with chronic inflammation are much more complex.” – *Dr. Gerner*
- Dexamethasone can provide rapid, life-saving results acutely, but with chronic use, has negative effects.
- *Mucor* extract causes no side effects and well-tolerated.

# SAFETY OF MUCOR

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- Toxicity, mutagenicity and genotoxicity studies show that *Mucor* extract can be used in ongoing therapies and in combination with other remedies for long-term usage in patients.
- Testing on the safety/absence of toxicity of the *Mucor* extract and comparing it to standard Western pharmaceutical is unique in the field of homeopathic drug products.

# RESULTS AND CONCLUSIONS

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- In human cell analysis, both the *Mucor* extract and Dexamethasone showed comparable anti-inflammatory effects although it was applied in lower dosages than Dexamethasone. Reduced the distribution of pro-inflammatory cytokines and chemokines by nearly as much.
- Conducted study on various human cell types and using different methodologies to create reproducibility and reliability.
- Anti-inflammatory properties of *Mucor* were more pronounced in the endothelial cells compared to peripheral blood mononuclear cells (acute inflammation). *Mucor* extract has cell-type selectivity for chronic inflammation.



# NEUROPATHY IN TEEN WITH CHRONIC INFLAMMATION, ASD AND LYME

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- Teen with verbal autism, chronic Lyme Disease and co-infections, heavy metal toxicity
- Periodic complaints of neuropathy, neurasthenia, and duskiness in feet
  - Duskiness of feet and toes classic symptom of lead poisoning
    - Used homeopathic *plumbum metallicum* (Lead) per homeopathic indication
  - MD suggested microvascular problems as well
    - Added *Mucor* suppository on as-needed basis – ½ to 1 suppository only at sx onset
- Mother reports that *Mucor* also seemed to elicit a strong immune response to other chronic pathogens that we know are present (testing indicated high titers of many pathogens), so use very sparingly to avoid overwhelming Herxheimer response.

# ADDITIONAL USAGE OF MUCOR FOR DETOXIFICATION SUPPORT

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- Since this case, where children are not progressing well, or not demonstrating appropriate immune response to homeopathic “clearings” of various pathogenic insults, *Mucor* is sometimes helpful in eliciting a proper immune response to challenge with homeopathic remedies.
- Have found “a little dab will do” in most cases – 1 capsule no more than 1X weekly for a brief period will often set a case into motion. Seldom use it long term for this purpose, as it can occasionally set off significant Herx responses – good in the long run, but can overwhelm some clients
- In sensitive clients, use only partial “sprinkles” from *Mucor* caps, infrequently, to move progress

# QUICK REVIEW OF SAN PHARMA GENERAL INDICATIONS

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# GENERAL USAGE OF THE PRODUCTS

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- *SanPharma* Notatum
  - Infections (viral and/or bacterial)
  - Inflammation
- *SanPharma* Quentans
  - Infections ( excellent choice for viral infections, both acute and chronic)
- *SanPharma* Mucor
  - Acute and chronic inflammatory and circulatory disorders

# GENERAL USAGE GUIDELINES

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- Combining Notatum and Mucor effective for
  - Skin rashes
  - Mucosal irritations (intestinal linings, bronchial, sinus and nasal)
  - Chronic inflammation reduction
- *Candida parapsilosis* capsules or *Candida Roqueforti*
  - Chronic and acute fungal dysbiosis
  - Localized and systemic dysbiotic symptoms

# SUBTILIS

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- Generalized immune modulator
- Can be useful with rheumatic situations
  - Arthritis
  - Generalized chronic inflammation
  - Fibromyalgia
  - Autoimmune reactivity

# MYCOBACTIN S

---

- Generally stimulates the immune system in both specific and non-specific ways
- Excellent support for respiratory illness, especially relapses
  - Colds and coughs
  - Asthma
  - Bronchiolitis
  - Recurrent coughs,
  - Difficult or relapsing pneumonia cases

# CONSIDER THIS...

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- DO NOT be afraid to use any of these remedies in combinations with each other.
- Each has both generalized effects, as well as some more specific areas of effect
- While a few can elicit an immune response (herxheimer), backing away in dosing usually takes care of it fairly immediately.
- Start slowly, if in doubt, until you're comfortable, and especially with sensitive clients
- They can be safely combined to obtain excellent results, as each acts in different ways upon the human body's defense and healing mechanisms
- The more comfortable you become with these the more your clients will thank you!



# CONCLUSION

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- SanPharma products easily nest into any integrative or purely natural therapies practice.
- Have direct application to acute and chronic illnesses, infections.
- Can often provide very fast relief of symptoms
- Versatile, broad-reaching
- Easily combine with PEKANA remedies, gemmotherapy, homeopathy, nutritional therapies
- Integration of SanPharma products into any practice will improve client outcomes, and practitioner reputation!

# Q & A

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# THANK YOU!

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